

Working with media to promote your scholarship can sometimes bring unwanted attention.

If you are a woman, an Indigenous person, a racialized person, an LGBTQIA2S+ person, or a person with a disability, you are more likely than others to be targeted by trolling, doxing and other forms of online harassment.

You also have a voice that is particularly important to the public conversation. We'd like to point you toward some resources that can help. You are not alone.

Campus Security

Campus Security can assist if you feel harassed or threatened, or if you think the message contains a threat to the campus community, specific individual(s) or groups. [Document it for them](#). They can create a report, conduct a threat assessment and create a safety plan if necessary. They can also support you in reporting the incident to appropriate authorities and connect you to supports on campus. Campus Security's 24-hour phone number is 604-822-2222.

If the activity is criminal, call 9-1-1 immediately.

Information Technology

Information Technology can investigate reports of online harassment reported to security@ubc.ca. Depending on the type and form of harassment, they may involve University Counsel, Campus Security or law enforcement agencies as required. They may also be able to advise on ways to minimize the impacts.

Human Resources

- UBC's [Employee and Family Assistance Program](#) (EFAP) provides access to confidential counselling services to address stress, anxiety, workplace harassment and other issues.
- [Staff and faculty mental health resources](#)
- [Bullying and Harassment Prevention at UBC](#)

Equity & Inclusion Office

- UBC's Equity & Inclusion Office can provide advice and support with respect to accessing human rights processes and options outside of the university. Please contact humanrights@equity.ubc.ca.

If the person targeting you is a **member of the UBC community** (faculty, staff, or student), then you may have recourse under [university policy](#) or employment law. Human Resources, Faculty Relations, the Equity & Inclusion Office or your union/association could advise whether this applies in your situation.

Social Media Platforms

[Report abusive behaviour to Twitter](#).

[Report abusive behaviour to Facebook](#).

Other Resources

- [Best Practices for Conducting Risky Research and Protecting Yourself from Online Harassment](#)
- [Documenting Online Harassment](#)
- [Twitter Safety Guide](#)
- [Facebook Safety Guide](#)
- [Preventing and Responding to Doxing](#)
- [Are You Being Harassed Online \(PDF\)](#)
- [Internet Harassment or Cyberbullying](#)
- [Online Harassment Field Manual](#)
- [Centre for Solutions to Online Violence](#)